



**Wolastoqewiyik Healing Lodge**  
13309 Rt. 105 Tobique First Nation E7H 5K1  
Tel: (506) 273-5403 Fax: (506) 273-4286

**Medical Clearance Form**

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: M\_\_\_\_\_ F\_\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: Home \_\_\_\_\_ Cell \_\_\_\_\_

Medicare # \_\_\_\_\_ Band/Registration # \_\_\_\_\_

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I, \_\_\_\_\_ hereby request and consent for my Prescribing Physician/Nurse Practitioner to release pertinent facts and any/all clinical assessments regarding my medical care and health history, to Wolastoqewiyik Healing Lodge, for the purposes and intents of admission to addictions rehabilitation and treatment. This photo copy of my signature is as valid as the original.

Client Signature \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

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**Medical History:**

*Please answer the questions honestly and to the best of your knowledge. It is important the Physician and/or Nurse Practitioner add or comment on any of the areas as needed.*

Identify current and past health conditions: (attach another page if necessary)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you have a history of any of the following (Please Check):**

Diabetes: \_\_\_\_Y \_\_\_\_N (If Yes, circle) **Type 1 or Type 2** List Medication\_\_\_\_\_

Hypertension: \_\_\_\_y \_\_\_\_N blood pressure reading \_\_\_\_\_

Heart Conditions: \_\_\_\_Y \_\_\_\_N (If yes, please explain) \_\_\_\_\_

Headaches/Migraines: \_\_\_\_Y \_\_\_\_N

Hepatitis A/B/C: \_\_\_\_Y \_\_\_\_N (Circle one) List any treatment received \_\_\_\_\_

HIV/AIDS: \_\_\_\_Y \_\_\_\_N (If yes, list any treatment received) \_\_\_\_\_

IV Drugs: \_\_\_\_Y \_\_\_\_N (If yes, please explain)\_\_\_\_\_

Seizures: \_\_\_\_Y \_\_\_\_N (If yes, please indicate last episode \_\_\_\_\_

Arthritis: \_\_\_\_Y \_\_\_\_N

Epilepsy: \_\_\_\_Y \_\_\_\_N (If yes, when was the last episode?)\_\_\_\_\_

Tuberculosis \_\_\_\_Y \_\_\_\_N (If yes, date of last x-ray & results) \_\_\_\_\_

Asthma: \_\_\_\_Y \_\_\_\_N

Smoker: \_\_\_\_Y \_\_\_\_N (if yes, do you plan to quit?) \_\_\_\_Y \_\_\_\_N

Any chance that you may be pregnant? \_\_\_\_Y \_\_\_\_N

***As a part of our healing journey at the Wolastoqewiyik Healing Lodge we engage in weekly Sweat Lodge ceremonies. These ceremonies involve long periods of sitting on the ground and very high heated temperatures. Do you have any physical or underlying medical condition that would prevent you from participating in the sweat lodge ceremony? (If yes, please explain)***

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**Is a Special diet required? (If yes, please explain):**

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**Have you received any of these immunizations? (Please check):**

Influenza :\_\_\_\_Y \_\_\_\_N (If yes,date) \_\_\_\_\_

Tetanus: \_\_\_\_Y \_\_\_\_N (If yes,date) \_\_\_\_\_

Pneumococcal: \_\_\_\_Y \_\_\_\_N (If yes,date) \_\_\_\_\_

Hepatitis: \_\_\_\_Y \_\_\_\_N (If yes,date) \_\_\_\_\_

**Allergies (Please name and describe reaction):**

-----Reaction-----  
-----Reaction-----  
-----Reaction-----

*Are you required to carry an Epi-Pen for any of these allergies? \_\_\_Y \_\_\_N*

(Please bring the Epi-Pen with you)

**Please check if you have been diagnosed with any of these Mental Health issues:**

Anxiety \_\_\_Y \_\_\_N                      Bipolar \_\_\_Y \_\_\_N

Depression \_\_\_Y \_\_\_N                      Borderline \_\_\_Y \_\_\_N

Autism \_\_\_Y \_\_\_N                      ADHD \_\_\_Y \_\_\_N

Other (Please describe) -----

*Have you ever received treatment? Explain -----*

*Are you currently on medication for a MH diagnosis? \_\_\_Y \_\_\_N*

*(include on Medication List below)*

**Have you ever suffered from any of the following:**

Withdrawal Seizures: \_\_\_Y \_\_\_N      Delirium Tremors: \_\_\_Y \_\_\_N

Audio Hallucinations: \_\_\_Y \_\_\_N      Visual Hallucinations: \_\_\_Y \_\_\_N

(If yes, were these treated? Please explain)

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Is there any physical limitations that would prevent you from participating in an exercise/walking program? \_\_\_Y \_\_\_N (If yes, please explain) -----

**Are you a client of a Methadone Program?: \_\_\_Y \_\_\_N (If yes, please complete the following):**

Prescribing Physician: ----- Phone# -----

Date program started: -----

Dosage: ----- Duration on current Dosage: -----

Is this dosage stable for you? -----

Pharmacy ----- Phone# -----

***Please note that the dosage cannot be changed while in treatment at WHL.***

**Medication List**

<b>Current Medication</b>	<b>Dose/Frequency</b>	<b>Date Prescribed</b>	<b>Purpose</b>

**\*\* Attach a page, if additional space is required for medications. \*\***

**Name of Pharmacy \_\_\_\_\_ Phone# \_\_\_\_\_**

**Please provide a list of current medications from your Pharmacy.**

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***This Medical Clearance form must be signed by your Prescribing Physician or Prescribing Nurse Practitioner, when medications are prescribed. If there are no medications prescribed then the Primary Care Provider can sign this form.***

**I hereby certify that I have thoroughly examined \_\_\_\_\_as required, and state that this individual is free from communicable disease, stabilized and is physically, mentally, emotionally and willingly able to undergo the treatment in the five week addictions program offered at the Wolastoqewiyik Healing Lodge at Tobique First Nation.**

**Signature: \_\_\_\_\_**

**Printed Name: \_\_\_\_\_**

**Date: \_\_\_\_\_ Phone#: \_\_\_\_\_**