

► The Admission Form must be completed in full and your addiction counsellor can assist with this.

► A Medical Clearance Form **MUST** be completed and signed by the client's Primary Care Provider or Prescribing Health Care Provider (Physician or Nurse Practitioner). Even if the client is not on medications, the Medical Clearance Form must be signed by their Primary Care Provider.

• All applications for admission to treatment must be forwarded to the Healing Lodge In-take at least 10 calendar days before the scheduled session begins.

► Intake Decisions are reached on completed files only



The number for the Fredericton Detox is 452-5525

Other Detox Facilities:

Miramichi Detox is 623-6175

Campbellton Detox is 789-7055

Ridgewood in St. John is 674-4307

The client has to call themselves and most of the time you will have to leave a message with your name & contact number (contact number should be the number where you can be reached anytime) and tell them why you are calling and they will call you back. This doesn't mean that you will get the message system all the time but 8 times out 10 you will. They **WILL** call you back and they do want to talk to the person themselves, who is wanting to go to Detox. For Medical Transportation to Detox and back call Lyla Bear-Tatlock at 280-0124

The numbers to reach counsellors at the Healing Lodge for assistance are:

273-5425

273-5541

273-5403

If you are seeking treatment or services we can help and do assessments and assist in getting you to the services that may be of help.

Wolastoqewiyik Healing Lodge



**What are the Steps To
Drug & Alcohol
Addiction Help For You
or a Family Members**



**Residential
Treatment
&
Prevention
NNADAP**

Many community members have inquired about how to get into Residential Treatment. For those who maybe interested in Drug and or Alcohol Treatment there is a process that needs to be followed. This process is necessary for the safety and protection of the applicant but also for the safety and protection of other applicant and our staff.

The process is a follows:

- Making contact with one of the NNADAP workers (addiction worker) at the Healing Lodge is the first step and he or she will be able to assist you and guide you through the process
- Applicant must be 18 years of age or older, and of aboriginal status, as reflected by a Band, Treaty or Benefit number, or otherwise recognized of aboriginal status by their community. (*Our Treatment facility is for Adults however there are a few Youth Treatment Facilities and we can assist those under 18 with applying to getting into treatment*)
- Applicant must be free from outside distractions for the entire duration of the residential program. Potential clients must re-schedule all medical and/or other appointments, court appearances, and the like, for the duration of the in-client program. Residential Treatment Cycle at the Wolastoqewiyik Healing Lodge is 5 weeks.



- Applicant must attend a minimum of 3 counselling sessions through an out-client program with their addiction worker while they are going through the intake process.
- If detox is needed or applicant wanted to go to detox the following process is needed: (***The addiction counsellor will work with you to contact detox, make arrangements for transportation to and back from detox and the admission & medical forms.***)

Detox information given on the back of pamphlet

- Potential alcohol treatment clients must have been sober or alcohol-free for a minimum of five days prior to admission.
- Potential opiate replacement clients on methadone must be stable on regular meds for a minimum of 14 days and ready for treatment.
- Potential abstinence-based clients must be free from illicit or illegal drugs for a minimum of 14 days prior to admission.
- A DUSI or SASSI which is the Assessment Tool we use and must be completed then scored this can be done by one of the counsellors at the Healing Lodge.
- All applicants must provide a contact number for the purposes of the application and for after care, as well as Band number and Medicare number
- Individuals who have been sentenced to house arrest or incarceration will not be admitted to the program.